

# PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

Meeting the  
challenge of  
complexity  
together

Friday evening  
8 October 2010  
Cruciform, UCL

Saturday  
9 October 2010  
Mermaid Theatre  
Blackfriars, London



# PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

**British Psychoanalytic Council**

in association with:

**Albany Trust**

**Anna Freud Centre**

**Association for Psychoanalytic  
Psychotherapy in the NHS**

**Association of Child Psychotherapists**

**British Association of Psychotherapists**

**British Psychological Society,  
Division of Clinical Psychology**

**British Society of Couple  
Psychotherapists and Counsellors /  
Tavistock Centre for Couple Relationships**

**Institute of Group Analysis**

**International Neuropsychoanalysis Centre**

**The Institute of Psychoanalysis (BPAS)**

**Lincoln Clinic and Centre for Psychotherapy**

**London Centre for Psychotherapy**

**The Maya Centre**

**North of England Association of  
Psychoanalytic Psychotherapists**

**North West Institute of  
Dynamic Psychotherapy**

**Northern Ireland Association for  
the Study of Psychoanalysis**

**Scottish Institute of Human  
Relations / Scottish Association of  
Psychoanalytic Psychotherapists**

**Sevenside Institute for Psychotherapy**

**The Society of Analytical Psychology**

**Tavistock and Portman  
NHS Foundation Trust**

**Tavistock Society of Psychotherapists**

**wpf Therapy / Foundation for  
Psychotherapy and Counselling**

**Supported by Howden Professionals**

Providers of specialist professional liability  
insurance to the psychological therapy professions

**‘The challenge is therefore to a necessary complexity...  
It is in only very complex ways that we truly understand  
where we are.’**

Raymond Williams, *Politics and Letters*

Psychoanalysis has found its place among the range of therapeutic and cultural approaches to modern life. The pressure to find pragmatic solutions to many of the common problems thrown up by social realities has risked marginalizing this approach; some have feared it might even be forgotten. But as the accelerating rate of social change creates new complexities, psychoanalytic approaches have found a natural, if challenging, habitat.

The conference will review some of the domains where the psychodynamic orientation is proving invaluable because it rejects the obvious and the superficial, and others where it is tenaciously struggling with challenges. These include: traditional concerns such as psychosexuality and development; issues arising from a changing society such as the complex family, and the impact of urbanisation on development; the consequences of the nature and pace of change for psychopathologies such as severe disorders of the self.

**Psychoanalytic Psychotherapy NOW 2010** will seek to define new priorities and adventurously explore issues that need to be grappled with for all of us to have a genuine experience of our world.

Howden

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Friday 8 October

**SYMPOSIUM: 'IN TREATMENT'**

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**Cruciform Lecture Theatre  
UCL, Gower Street, London  
7.00pm**

How do the writers of HBO's award winning drama create compelling television out of psychotherapy sessions? The psychiatric advisor to the show and two of the writers discuss the challenges of putting a therapist on screen and capturing the truth of psychodynamic work without sacrificing drama.

**Separate ticketed event  
open to the public**

Chair **Brett Kahr**, Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health, London; Honorary Visiting Professor, School of Arts, Roehampton University.

**Justin Richardson**, Psychiatric Advisor to Seasons 2 and 3 of *In Treatment*; Assistant Clinical Professor of Psychiatry, Columbia University Center for Psychoanalytic Training and Research.

**Keith Bunin**, writer on Season 2 ('Oliver'). Keith's latest screenwriting work includes *Which brings me to you* for the Oscar nominated director Susanne Bier. He is currently writing a film for Michel Gondry (*The Eternal Sunshine of the Spotless Mind*) and a television pilot for HBO.

**Sarah Treem**, writer on all three seasons ('Sophie' in Season 1; 'April' in Season 2) – nominated for a Humanitas award and winner of a Writer's Guild award for her work on the show. Her recent work includes *Vienna's Amazing* and *Orphan Island*.

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Saturday 9 October

**MEETING THE CHALLENGE OF COMPLEXITY TOGETHER**

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**Mermaid Theatre, Blackfriars  
9.30 – 9.45am**

**Welcome and introduction**

**Malcolm Allen**

**Bruce Calderwood**, Director of Mental Health and Learning Disabilities, Department of Health

**9.45 – 11.15am**

**THE CONTRIBUTION OF PSYCHOANALYTIC THINKING TO COMPLEXITY**

Chair **M Fakhry Davids**

Complexity: a developmental perspective  
**Peter Hobson**

Trauma and complexity in modern ethnic conflicts  
**Vamik D Volkan**

**11.15 – 11.45am**

Coffee

11.45am – 1.05pm

**COMPLEX PROBLEMS, COMPLEX SITUATIONS  
Breakout Sessions**

**1. Complex mental disorders: what works?**

How do psychoanalytic approaches feature in terms of the evidence base and NICE guidelines?

Chair **Ronald Doctor**

Presentations **Peter Tyrer Peter Fonagy**

**2. Complexity and chaos, containment and constraint**

A panel presentation where leading social scientists and service users consider the conflicts involved in public sector delivery of personality disorder services

Facilitators **Nick Benefield Rex Haigh**

**3. Complex connections: virtual worlds & inner worlds**

What does internet sex offer, to the conscious but also the unconscious mind, which renders it so compelling?

Chair **Dickon Bevington**

Presentations **Heather Wood Richard Graham**

**4. Complex lives**

Therapeutic work in tough urban settings needs the insights of psychoanalysis, but...

Chair **Matthew Patrick**

Presentations **Camila Batmanghelidjh Lisa Baraitser**

**5. Complex interdependencies**

What are the relationships between the individual, the family, and society as they impact on mental health and models of therapeutic intervention?

Chair **Beverley Tydeman**

Presentations **Susanna Abse Jean Knox**

**6. Complexity in the curriculum: sexuality in psychoanalytic training**

Is there a drift away from teaching about sexuality in psychoanalytic training? What part should the subject play in the training curriculum?

Chair **Mary Target**

Presentations **Justin Richardson David Morgan**

1.15 – 2.15pm Lunch

**CREATING A MODERN PROFESSION FOR  
A DIVERSE AND COMPLEX WORLD**

2.15 – 3.30pm **How can we create a truly modern profession capable of operating in a diverse and complex world?**

Chair **David Bell**

Presentations **Malcolm Allen Helen Morgan**

**3.30 – 3.50pm** Tea

**3.50 – 5.20pm** **Breakout Sessions**

**1. Why so white?**

Keeping race in mind: psychoanalytic psychotherapy for a culturally diverse society

Chair **Helen Morgan**

Presentations **Kamaldeep Bhui** **Frank Lowe**

**2. Homosexuality – moving on**

Creating a culture and practice that connects with people of diverse sexual orientations

Facilitators **Jeremy Clarke** **Mary Target** **Trudy Klauber**

**Leezah Hertzmann** **Justin Richardson**

**3. Working through conflict**

How can psychoanalysis help in understanding and engaging with ideological and social conflict?

Presentations **Vamik D Volkan** **Andrew Cooper**

**4. Focus on primary care**

What contribution can psychodynamic practitioners make to a primary mental health care service today?

Chair **Mary Burd**

Presentations **Brian Rock** **Nick Wood**

**5. ‘Product’ and ‘brand’ in a contemporary mental health market**

What psychoanalytically-informed interventions can operate effectively within contemporary mental health care?  
How can they be promoted?

Chair **Jenny Hyatt**

Presentations **Alessandra Lemma** **Chris Mace**

**6. Training for tomorrow**

Shaping a 21st century curriculum for psychoanalytic psychotherapy training

Chair **Sally Griffin**

Presentations **Horst Kächele** **James Johnston**

**5.20 – 6.00pm** **MOVING FORWARD**

Report-backs and discussion

Chair **Julian Lousada**

**6.00 – 7.30pm** **RECEPTION AND AWARDS CEREMONY**

Hosted by **Kathy Lette**, international bestselling author

## Speakers and facilitators

# PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

### Conference planning committee

**Malcolm Allen**  
British Psychoanalytic Council  
**Jeremy Clarke**  
Association for Psychoanalytic  
Psychotherapy in the NHS  
**Janice Cormie**  
British Psychoanalytic Council  
**Ronald Doctor**  
Association for Psychoanalytic  
Psychotherapy in the NHS  
**Peter Fonagy**  
Anna Freud Centre  
**Alessandra Lemma**  
Tavistock & Portman NHS Foundation Trust  
**Julian Lousada**  
British Psychoanalytic Council  
**Matthew Patrick**  
Tavistock & Portman NHS Foundation Trust  
**Mary Target**  
Anna Freud Centre

### Conference organisation

**Janice Cormie**  
British Psychoanalytic Council  
**Leanne Cannon**  
British Psychoanalytic Council  
**Janaki Hemaratne**  
British Psychoanalytic Council

Latest updates to the conference programme are available  
at [www.pschoanalytic-council.org](http://www.pschoanalytic-council.org)  
For information or queries, please  
telephone +44 (0)20 7561 9240

**Susanna Abse** Chief Executive Officer, Tavistock Centre for Couple Relationships  
**Malcolm Allen** Chief Executive Officer, British Psychoanalytic Council  
**Lisa Baraitser** School of Psychosocial Studies, Birkbeck; board of trustees, Maya Centre  
**Camila Batmanghelidjh** Chief Executive Officer, Kids Company  
**David Bell** President Elect, British Psychoanalytical Society; Consultant Psychiatrist in Psychotherapy, Adult Department, Tavistock and Portman NHS Foundation Trust  
**Nick Benefield** Head of National Personality Disorder Programme, Dept of Health  
**Kamaldeep Bhui** Professor of Cultural Psychiatry & Epidemiology, Research Centre for Psychiatry at St Bart's & London School of Medicine; Consultant Psychiatrist, East London & City Mental Health Trust; Director, MSc Transcultural Mental Healthcare, Queen Mary College  
**Mary Burd** Former Head of Psychology and Counselling, Tower Hamlets PCT; Honorary Secretary, Association for Psychoanalytic Psychotherapy in the NHS  
**Bruce Calderwood** Director of Mental Health and Learning Disabilities, Dept of Health  
**Jeremy Clarke** Chair, New Savoy Partnership; Research and Practice Lead, Psychoanalytic Psychotherapy NOW Group  
**Andrew Cooper** Professor of Social Work, Tavistock & Portman NHS Foundation Trust and University of East London  
**M Fakhry Davids** Visiting Lecturer, Tavistock & Portman NHS Foundation Trust  
**Dickon Bevington** Consultant in Child and Adolescent Psychiatry, Cambridge and Peterborough Foundation Trust and the Anna Freud Centre  
**Ronald Doctor** Consultant Psychiatrist in Psychotherapy, West London Mental Health NHS Trust; Chair, Association for Psychoanalytic Psychotherapy in the NHS; Chair, NHS Liaison Committee, BPAS  
**Peter Fonagy** Freud Memorial Professor of Psychoanalysis and Head of Research, Department of Clinical, Educational and Health Psychology, UCL; Chief Executive, Anna Freud Centre  
**Richard Graham** Clinical Director, Adolescent Directorate, and Consultant Child & Adolescent Psychiatrist, Tavistock and Portman NHS Foundation Trust  
**Sally Griffin** Chair of Council, London Centre for Psychotherapy; Psychotherapist, Nafsiyat Intercultural Therapy Centre  
**Rex Haigh** Consultant Psychiatrist in Psychotherapy, Berkshire; Clinical Advisor, National Personality Disorder Programme, Department of Health  
**Leezah Hertzmann** Clinical Lecturer, Tavistock Centre for Couple Relationships  
**R Peter Hobson** Consultant Psychotherapist and Professor of Developmental Psychopathology, Tavistock Clinic and Institute of Child Health, UCL  
**Jenny Hyatt** Founder and Chief Executive Officer, Big White Wall Ltd  
**James Johnston** Vice Chair, BPC, CPD Lead: RCPsych Psychotherapy Faculty; Medical Psychotherapy Lead, Leeds Partnerships NHS Foundation Trust  
**Horst Kächele** Professor of Psychotherapy and Chair, Department of Psychosomatic Medicine and Psychotherapy, Ulm University, Germany  
**Trudy Klauber** Dean of Postgraduate Studies, Tavistock & Portman NHS Foundation Trust  
**Jean Knox** Training Analyst, Society of Analytical Psychology; Training Therapist, British Association of Psychotherapists; Honorary Senior Lecturer, University of Kent  
**Alessandra Lemma** Trust-wide Head of Psychology, Tavistock & Portman NHS Foundation; Trust Visiting Professor, School of Health and Human Sciences, Essex University  
**Julian Lousada** Chair, British Psychoanalytic Council; Lecturer, Tavistock & Portman NHS Foundation Trust  
**Frank Lowe** Lecturer, Tavistock & Portman NHS Foundation Trust  
**Chris Mace** Consultant Psychotherapist to Coventry and Warwickshire Partnership Trust; Honorary Associate Professor in Psychotherapy, University of Warwick  
**David Morgan** Consultant Psychotherapist, Tavistock & Portman NHS Foundation Trust  
**Helen Morgan** Training Analyst and Supervisor, British Association of Psychotherapists  
**Matthew Patrick** Chief Executive, Tavistock & Portman NHS Foundation Trust  
**Justin Richardson** Assistant Clinical Professor of Psychiatry, Columbia University Center for Psychoanalytic Training and Research  
**Brian Rock** Service Lead/Consultant Clinical Psychologist City & Hackney Primary Care Psychotherapy Consultation Service  
**Mary Target** Reader in Psychoanalysis at UCL and Director MSc in Theoretical Psychoanalytic Studies; Professional Director, Anna Freud Centre, London  
**Beverley Tydeman** Chair, Association of Child Psychotherapists; Consultant Child and Adolescent Psychotherapist, Marlborough Family Service CNWL; Tavistock & Portman NHS Foundation Trust  
**Peter Tyrer** Professor of Community Psychiatry, Imperial College London; Chair, NICE Guideline Group, Borderline PD  
**Vamik D Volkan** Emeritus Professor of Psychiatry, University of Virginia; Emeritus Training and Supervising Analyst, Washington Psychoanalytic Inst.; Senior Erik Erikson Scholar, Austen Riggs Center  
**Heather Wood** Consultant Adult Psychotherapist, Portman Clinic and Personality Disorder Lead, Tavistock & Portman NHS Foundation Trust  
**Nick Wood** Clinical Lead and Acting Head of Service for IAPT and Primary Care Mental Health, Leeds

## Information

### Venues

Friday 8 October (7.00pm):  
Cruciform Lecture Theatre  
University College London  
Gower Street, London WC1E 6AE

Saturday 9 October (9.30am):  
Mermaid Conference Centre  
Puddle Dock, Blackfriars  
London EC4V 3DB

Details of venue locations  
and transport links can be found at  
[www.psychanalytic-council.org](http://www.psychanalytic-council.org)

### Confirmation and booking

All bookings will be confirmed by email,  
unless requested otherwise.

### Payments

No VAT is payable on payments for this  
conference. International delegates using  
the PayPal online payment option  
will pay a surcharge to cover  
PayPal's processing fees.

### Concessionary rates

A limited number of places are available  
at the reduced trainee and student rates.

### Terms and conditions

A refund, less 20% administration fee, will be  
made if cancellations are received, in writing, at  
least 4 weeks before the conference.

Any cancellation after this time cannot be  
refunded, and refunds for failure to attend the  
conference cannot be made, but substitute  
delegates are welcome at any time.

### Commercial exhibition

If you are interested in exhibiting at this event,  
please contact Janice Cormie  
on 020 7561 9240 or  
[janice@psychanalytic-council.org](mailto:janice@psychanalytic-council.org)

For more information contact the  
British Psychoanalytic Council  
on 020 7561 9240 or email  
[janice@psychanalytic-council.org](mailto:janice@psychanalytic-council.org)

The information you provide will be held on the  
British Psychoanalytic Council's database  
and may be used to update you with details  
of other events that we organise.

If you **DO NOT** wish to receive this  
information, please tick this box

The conference organisers reserve  
the right to make changes to speakers and  
programmes without prior notice.

## How to book:

Fax this form to **020 7561 9005** or post to  
**British Psychoanalytic Council** Suite 7, 19-23 Wedmore Street, London N19 4RU

Your details

Dr / Mr / Mrs / Ms (please circle)

First name \_\_\_\_\_

Surname \_\_\_\_\_

Job title \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Please write your address clearly as confirmation will be sent by email.

If you prefer confirmation by post please tick this box.

Please specify any special dietary or access requirements

### Options

Delegate fee, paid by institution: £115

Delegate fee, self funding: £95

BPC registrant / APP member: £80

BPC trainee delegate £55

Please indicate training institution:

Student delegate: £80

Please enclose evidence of enrolment

Friday night symposium, 'In Treatment': £10

Saturday evening reception and awards presentation (incl. in delegate fee)

**Total: £**

### Payment

by cheque: A cheque for ..... is enclosed, made payable to 'BPC'  
(in £ Sterling only)

by BACS: Sort Code: 20-67-59 Account number: 90101664  
Please contact us for international banking details if required

Your BACS reference.....

Please enclose copy of your BACS remittance confirmation

by PayPal (non-Sterling currencies only, fees added): please visit  
[www.psychanalytic-council.org](http://www.psychanalytic-council.org) and follow the link to the payment page

by invoice (payment by organisations only, with Purchase Order) to:

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Purchase order \_\_\_\_\_

Telephone \_\_\_\_\_