

The Maya Centre Development Plan 2014- 2019
Playing our Part in Developing a Safer, Healthier Community

Summary

This development plan sets out a vision for how we would like the Maya Centre to be as the second decade of the 21st century progresses. The Trustees recognise that our experience over recent years of the financial crisis is that the vulnerable women with whom we work have been severely affected by service cuts, housing and benefit changes and unemployment. ***The need is for more of our support, and for it to be wider, more effective and more enduring, to help our clients cope with and recover from the challenges they face.***

This development plan reflects the ambition of the Maya Centre and our determination to be resilient and to survive and grow in the face of adversity, just as we would wish for the women we serve.

We work with women who have experienced or are at risk of gender-based violence or abuse using our particular expertise in trauma, neglect and deprivation - complex, multi-layered experiences.

Our work is about enhancing emotional well-being and developing a healthier society, including increasing the functioning, resilience, connections and education of women at risk in our community.

Our vision is that the Maya Centre will be a place of change and growth for women.

The heart of our service will continue to be the offer of a long term commitment to our relationship with our clients. This will include up to a year of 1: 1 therapy and, where appropriate, other therapy options, including access to groups, psycho-education, brief therapy and personal development activities as part of a holistic support and recovery package. ***We will work flexibly and creatively in partnership with other experts, organisations and providers to maximise the therapeutic opportunities and practical support available to our clients.***

The Maya Centre will work in a transparent way, using evaluation, feedback and new evidence to continually improve and adapt our services and we will use our resources fully and effectively. This includes maximising the use of our building, developing and fully utilising the skills of our staff and managing our money carefully.