

Sessional Women's Counsellor

JOB DETAILS

Job title: Sessional Women's Counsellor

Hours: up to 5 hours one day per week.

Location: The Maya Centre, Unit 8, 9-15 Elthorne Rd, London N19 4AJ

Reports to: Clinical Director

Fee: £32.83 per 1 hr 15 session including allocation for notes write-up.

Job purpose

The Maya Centre is a community-based charity in Islington offering free psychodynamic psychotherapy and holistic support to women on low incomes who have experienced gender-based violence or exploitation. 65% of our clients come from Black, Ethnic Minority and Refugee backgrounds and we offer our services in over 11 different languages.

We offer a safe and nurturing women-only space which invites service-users to build trust, increase resilience and self-care and form effective support networks both within and beyond the experience of therapy. Our services include one-to-one psychotherapy; group and arts psychotherapy; a range of complimentary therapies and wellbeing workshops.

This is an exciting time to work with us as we develop both our intersectional and intercultural practice in women's mental health and wellbeing, seeking to reach more women across London who otherwise might not access timely and appropriate support.

We are currently looking to expand our language/ cultural provision and welcome applicants with fluency in Spanish, Romanian, Albanian or (Levantine) Arabic; a Black Women's Therapist and an Irish Women's Therapist.

MAIN DUTIES & RESPONSIBILITIES

1. To provide clinical assessments and individual psychodynamic counselling to women from diverse linguistic and cultural backgrounds on low-income.
2. To work collaboratively with other staff members and wider stakeholders in promoting awareness of women's mental health and wellbeing, with a focus on experiences of gender-based violence, exclusion and discrimination.

3. To manage a client case load of between 3-5 sessions per day, providing a responsive, culturally sensitive service and maintaining appropriate records using the Maya Centre database and client feedback forms.
4. To prioritise the safeguarding and confidentiality of all clients, following Maya Centre policies and procedures.
5. To contribute clinical insights and case studies in support of funding applications and reports.
6. To work within allocated premises, with flexibility to deliver services remotely (online or by telephone) during COVID-19
7. To participate in training and workshops on the mental health and wellbeing needs of women and keep up with developments and research in the field of psychotherapy, gender-based violence, intersectional and intercultural practice
8. To follow good practice guidelines via attendance in clinical meetings, team meetings, regular group management supervision and fortnightly clinical supervision sessions provided by The Maya Centre.
9. To maintain professional ethical boundaries, impartiality and confidentiality at all times in keeping with The Maya Centre's vision and values.

PERSON SPECIFICATION

Essential

1. At least diploma-level qualification in psychodynamic counselling/psychotherapy (BACP or UKCP accredited training), or integrative counselling/psychotherapy with a strong psychodynamic component.
2. A minimum of two years' post-qualifying experience of working therapeutically with adult women, especially those who have experienced violence and abuse.
3. Knowledge of issues relating to violence, abuse and deprivation and how these may be manifested in the counselling relationship.
4. Ability to work under own initiative and as a member of a team.
5. Excellent verbal and written communication skills; good IT skills, experience of using Microsoft Office
6. Experience of working in the voluntary or public sector

Desirable

1. Experience of working with inner-city deprivation
2. Understanding of issues of relevance to inter-cultural work in the therapeutic relationship
3. Accreditation with a professional body, or eligibility for accreditation and working towards it.
4. Understanding of mental health, social and primary care services.
5. Experience of group / psychoeducational work
6. Fluency in another language, as listed above

Equal opportunities

The post holder must at all times carry out her responsibilities with due regard to the Maya Centre's Equal Opportunities Policy.

Health & safety

All employees are subject to the Health and Safety at Work Act. The post holder is required to proactively comply with their duties as described by the Maya Centre's Health and Safety Policy.

Confidentiality

All employees are required to work in a confidential manner in all aspects of their work and with due regard to the Maya Centre's Confidentiality and GDPR Policies.

This post is open to female applicants only as being female is deemed to be a genuine occupational requirement under Schedule 9, Paragraph 1 of the Equality Act 2010.

Please email admin@mayacentre.org.uk with a covering letter and CV to express an interest.

Please put sessional counsellor vacancy in the subject line and save/ title your documents with your initials.

Deadline: 23rd June 2021